Resume - Physiotherapist | United States San Francisco

# John A. Mitchell, MSPT

**Physiotherapist | United States San Francisco**

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## Professional Summary

A dedicated and experienced Physiotherapist with over a decade of expertise in providing comprehensive rehabilitation services to patients across the United States San Francisco area. Specializing in musculoskeletal, neurological, and sports-related injuries, I have consistently delivered personalized care to help clients regain mobility, reduce pain, and achieve their health goals. My work in San Francisco’s dynamic healthcare landscape has equipped me with a deep understanding of the unique challenges faced by patients in urban settings. As a Physiotherapist committed to excellence, I integrate evidence-based practices with compassionate patient-centered approaches to foster long-term recovery and wellness.

## Education

**Master of Science in Physical Therapy**

University of California, San Francisco (UCSF) School of Medicine | San Francisco, CA

Graduated: May 2013

* Clinical rotations at Kaiser Permanente and Stanford Health Care, focusing on orthopedic and neurologic patient populations.
* Research project on post-surgical rehabilitation for athletes in the United States San Francisco Bay Area.

**Bachelor of Science in Kinesiology**

San Francisco State University | San Francisco, CA

Graduated: May 2010

## Professional Experience

### Senior Physiotherapist

**San Francisco Health & Wellness Center** | San Francisco, CA | January 2018 – Present

* Provided individualized treatment plans for patients with acute and chronic conditions, including post-surgical recovery, arthritis, and sports injuries.
* Collaborated with physicians, occupational therapists, and other healthcare professionals to ensure holistic care in the United States San Francisco community.
* Implemented advanced techniques such as manual therapy, dry needling, and therapeutic exercise to enhance patient outcomes.
* Mentored junior physiotherapists and conducted workshops on best practices for rehabilitation in urban environments.

### Physiotherapist

**Kaiser Permanente San Francisco Medical Center** | San Francisco, CA | June 2014 – December 2017

* Treated over 300 patients monthly, focusing on musculoskeletal disorders and neurological rehabilitation.
* Utilized electronic health records (EHR) to track patient progress and communicate with healthcare teams in the United States San Francisco region.
* Developed community outreach programs to educate residents on injury prevention and wellness, particularly for tech industry professionals in the Bay Area.

### Clinical Fellow

**San Francisco General Hospital & Trauma Center** | San Francisco, CA | August 2013 – May 2014

* Gained hands-on experience in emergency care, orthopedic surgery, and pediatric physiotherapy.
* Supported patients recovering from traumatic injuries, ensuring adherence to safety protocols in the United States San Francisco healthcare system.

## Skills

* **Clinical Expertise:** Musculoskeletal assessment, neurologic rehabilitation, sports injury management, and geriatric care.
* **Therapeutic Techniques:** Manual therapy, therapeutic exercise prescription, electrotherapy, and hydrotherapy.
* **Technology:** Proficient in EHR systems (Epic), telehealth platforms (Zoom for Healthcare), and physiotherapy software (TheraPlatform).
* **Communication:** Strong interpersonal skills to educate patients and families on home exercise programs and long-term care strategies.
* **Cultural Competency:** Experience working with diverse populations in the United States San Francisco area, including multilingual communities.

## Certifications

* **American Physical Therapy Association (APTA) Certification** – Licensed Physiotherapist in California (License #123456).
* **National Board of Certification in Occupational Therapy (NBCOT)** – Certified in hand therapy and geriatric care.
* **Certified Dry Needling Specialist** – American Academy of Orthopaedic Manual Therapists (AAOMT).
* **Pain Management and Patient Education** – Completed workshops through the University of California, San Francisco.

## Professional Affiliations

* Member, American Physical Therapy Association (APTA) – San Francisco Chapter.
* Member, California Physical Therapy Association (CPTA).
* Volunteer Physiotherapist, San Francisco Community Health Center – Providing free care to underserved populations in the United States San Francisco area.

## Volunteer Experience

### Physiotherapist Volunteer

**San Francisco Food Bank Fitness Program** | San Francisco, CA | 2019 – Present

* Developed and led free exercise sessions for low-income seniors to improve mobility and prevent falls.
* Collaborated with nutritionists to create holistic wellness programs for participants in the United States San Francisco community.

### Community Outreach

**San Francisco Tech Health Initiative** | San Francisco, CA | 2017 – 2020

* Provided ergonomic assessments and injury prevention workshops for tech employees in Silicon Valley and San Francisco.
* Partnered with local startups to promote workplace wellness programs tailored to the United States San Francisco workforce.

## Languages

* English (Native)
* Spanish (Fluent)
* Tagalog (Basic)

## References

Available upon request. Contact John A. Mitchell at john.mitchell@example.com or (415) 555-0198.